

Current Concerns

671 E. Riverpark Ln., Ste. 110
Boise, ID 83706
208 387-0900
Fax 208 345-5883

Park Center Foot & Ankle Clinic

Doctor of Podiatric Medicine & Certified Surgeon

Randy E. Lowe, DPM

Patient Name _____

Visit Date _____

Describe Issue															
Circle Area Affected	Foot	Toes					Other								
	Right	Great	2 nd	3 rd	4 th	5 th	Nail	Heel	Arch	Ball	Side	Top	Joints	Ankle	Entire
	Left	Great	2 nd	3 rd	4 th	5 th	Nail	Heel	Arch	Ball	Side	Top	Joints	Ankle	Entire
Quality	<input type="checkbox"/> aching	<input type="checkbox"/> stabbing	<input type="checkbox"/> dull			<input type="checkbox"/> occasional	<input type="checkbox"/> worsening			Severity	Pain level ___/10				
	<input type="checkbox"/> burning	<input type="checkbox"/> throbbing	<input type="checkbox"/> superficial			<input type="checkbox"/> frequent	<input type="checkbox"/> improving				<input type="checkbox"/> no pain	<input type="checkbox"/> mild			
	<input type="checkbox"/> gnawing	<input type="checkbox"/> sharp	<input type="checkbox"/> deep			<input type="checkbox"/> constant	<input type="checkbox"/> not changing				<input type="checkbox"/> moderate	<input type="checkbox"/> severe			

How long has it bothered you? _____ Days _____ Weeks _____ Months _____ Years

Timing	<input type="checkbox"/> cannot identify	<input type="checkbox"/> abrupt	<input type="checkbox"/> daytime	<input type="checkbox"/> rare	<input type="checkbox"/> occasional
	<input type="checkbox"/> acute	<input type="checkbox"/> gradual	<input type="checkbox"/> nighttime	<input type="checkbox"/> intermittent episodes lasting:	
	<input type="checkbox"/> chronic	<input type="checkbox"/> morning	<input type="checkbox"/> recurrent	<input type="checkbox"/> other:	

Improves With		
<input type="checkbox"/> nothing helps	<input type="checkbox"/> elevation	<input type="checkbox"/> brace
<input type="checkbox"/> sitting	<input type="checkbox"/> exercise	<input type="checkbox"/> crutches
<input type="checkbox"/> standing	<input type="checkbox"/> stretching	<input type="checkbox"/> cane
<input type="checkbox"/> lying down	<input type="checkbox"/> limited weight bearing	<input type="checkbox"/> wheelchair
<input type="checkbox"/> position change	<input type="checkbox"/> PT/OT	<input type="checkbox"/> walker
<input type="checkbox"/> heat	<input type="checkbox"/> OTC medication	<input type="checkbox"/> removal of shoes
<input type="checkbox"/> ice	<input type="checkbox"/> narcotics	
<input type="checkbox"/> rest	<input type="checkbox"/> NSAID's	
<input type="checkbox"/> Other:		

Worse with	
<input type="checkbox"/> cannot identify	<input type="checkbox"/> morning
<input type="checkbox"/> sitting	<input type="checkbox"/> daytime
<input type="checkbox"/> standing	<input type="checkbox"/> nighttime
<input type="checkbox"/> lying down	<input type="checkbox"/> cold weather
<input type="checkbox"/> walking	<input type="checkbox"/> bare foot
<input type="checkbox"/> lifting	<input type="checkbox"/> flat shoes
<input type="checkbox"/> range of motion	<input type="checkbox"/> wearing heels
<input type="checkbox"/> weight lifting	
<input type="checkbox"/> Other:	

Associate Symptoms	<input type="checkbox"/> weakness	<input type="checkbox"/> tingling	<input type="checkbox"/> redness	<input type="checkbox"/> instability	<input type="checkbox"/> drainage	<input type="checkbox"/> other
	<input type="checkbox"/> numbness	<input type="checkbox"/> swelling	<input type="checkbox"/> warmth	<input type="checkbox"/> radiation down the leg	<input type="checkbox"/> bleeding	_____

PREVIOUS FOOT SURGERIES/PROCEEDURES & YEAR <input type="checkbox"/> None

PRIOR IMAGING
<input type="checkbox"/> None
<input type="checkbox"/> x-ray <input type="checkbox"/> MRI
<input type="checkbox"/> labs <input type="checkbox"/> ultrasound

Prior <input type="checkbox"/> None	comments:	<input type="checkbox"/> did not help	<input type="checkbox"/> temporarily
		<input type="checkbox"/> helped a little	<input type="checkbox"/> significantly

Other Treatments <input type="checkbox"/> None	<input type="checkbox"/> orthotics	comments:	<input type="checkbox"/> did not help	<input type="checkbox"/> temporarily
	<input type="checkbox"/> night splint		<input type="checkbox"/> helped a little	<input type="checkbox"/> significantly
	<input type="checkbox"/> physical therapy			
	<input type="checkbox"/> other			

